**Baked breakfast**

Serves 4 (1P 1LE)

* 4 sausages
* 4 rashers back bacon
* 2 tomatoes, halved
* 8 open mushrooms
* 8 large eggs

1. Preheat the oven to 200C Fan 180C Gas Mark 6. Lightly oil 4 individual dishes about 20cm/8in diameter. Place a sausage in each and bake for 10 mins.
2. Shake the sausages then add the bacon, tomato and mushrooms. Bake for a further 10 mins.
3. Remove the dishes from the oven and shuffle around the ingredients to make room for the eggs. Carefully crack the eggs and add to the dishes. Return the dishes to the oven and cover the tops with a baking tray or foil - this stop the eggs wrinkling. Bake for 6-8 mins or until the eggs are cooked to your liking.